



7 TIPS FOR USING THE DIGITAL CALENDAR

1. Do not schedule or start things when the Moon is Void of Course.

- We feel foggy when Luna is VOC.
- Things started during this period typically don't have steam to finish.
- Not great timing for when you need to be crisp and efficient.

2. Look for positive aspects to schedule things: trines and sextiles provide ease and flow between any planets.

- Trines indicate harmony and positive flow of energy.
- Sextiles trigger two planets to work with each other in a call and response.
- Conjunctions represent merging and blending - they can go both ways :).

3 - Look for difficult aspects to avoid scheduling things: squares and oppositions are better times to lay low and let the energy change.

- Squares indicate friction, tension, and pressure.
- Oppositions pull you in two directions and force breakdowns/breakthroughs.

4 - Have Mercury Retrograde right there on your calendar to remind you to add an extra dose of patience due to delays and miscommunications. Do not start something new, sign binding contracts, initiate major events during this time.

- The other retrogrades are there too! You'll notice the energy slow, or feel most frustrated the few days before an outer planet goes retrograde - an excellent thing to note in your calendar.

5 - Notice when the Full and New Moons are coming up.

- New Moons: start things, plant seeds, write wishes.
- Full Moons: wrap things up, find closure, let something go.

6 - Paying attention to the Moon signs is huge if you're new to incorporating this way of life/thinking. Check out our [free handout](#) on all of the signs to learn more about how you might be feeling when Luna changes signs.

7 - Begin to understand astrology basics - Look at your digital calendar when you've had a 'bad' or 'good' day and see if there are any corresponding factors. Keep an astrology diary - maybe use your [Wise Skies Journal!](#)